

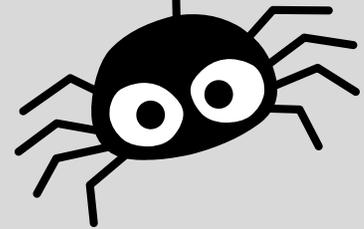
2025

October

**Extension
Newsletter**

What's Inside?

- **Upcoming Events!**
- **4-H Camps**
- **Enrollment Open**
- **Discovery Day**
- **Achievement Night**
- **Who does what in the Office?**
- **State Fair Highlights**
- **4-H Council Officer Elections**
- **2025-2026 Calendar**
- **So much more!**



**Fremont County Extension Office
6655 State Hwy 115
Florence, CO 81226
719-276-7390**

Upcoming Events

October

- 1 New 4-H Year Begins! Enrollment Open!
- 1 4-H Council, 7:00 p.m., 4-H Building
- 5-11 National 4-H Week
- 7 Shooting Sports Council Meeting-Pathfinder Park Meeting Room
- 11 4-H Discovery Day and Open House
- 14 Fremont County Fair Board, 6:30 p.m., Pathfinder Park Event Center
- 16 Achievement Night Potluck 6:30 p.m. awards @ Pathfinder Park
- 20 Enrollment Night 5:30 -6:30 pm- Extension Office
- 27 CSU Extension Advisory Committee, 6:00 p.m., 4-H Building
- 27 Fremont County 4-H Cornerstone, 7:00 p.m., 4-H Building
- Nov. 6 Achievement Awards Program – Back up date

November

- 5 4-H Council, 7:00 p.m., 4-H Building, Officer Elections
- 6 Achievement Awards Program – Back up date
- 7-9 Colorado Leadership Camp, (11-13 4-H age), Glenwood Springs
- 11 **Holiday (Veterans Day) Extension Office Closed**
- 11 Fremont County Fair Board, 6:30 p.m., Pathfinder Park Event Center Park
- TBD (14-15 or 21-22) Dare to Be You Camp (TBD 10-13 4-H age), State Fair Grounds
- 27 **Holiday (Thanksgiving) Extension Office Closed**

December

- No Fair Board This Month
- 3 4-H Council, 7:00 p.m., Pathfinder Park, officer Installation
- 5 4-H Holiday Craft Fair, 10am -6pm, Pathfinder Park
- 6 4-H Holiday Craft Fair, 8am – 3pm, Pathfinder Park
- 15 LAST DAY- Early Enrollment contest deadline to be enrolled in Fremont County 4-H by 5:00 p.m. to be eligible for early enrollment prize drawing. We recommend all families enroll by Dec 15th.
- 13 Mini Cooking Camp @ 1:00-4:30 @ 4-H Building
- 25 **Holiday (Christmas) Extension Office Closed**



Achievement Night!

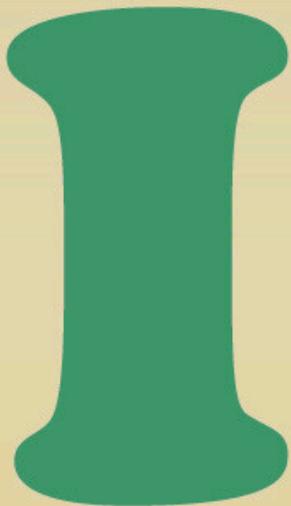
**Thursday
October 16th, 2025
Dinner @ 5:30 PM
Awards @ 6:00 PM**

**Pathfinder Park Event
Center**

**Potluck Dinner! Please bring
a dish to share!**

Hope to see you all there!

NATIONAL 4-H WEEK



OCTOBER 5-11, 2025

2025 Fremont County 4-H State Fair Results

Hierarchy Path	Exhibitor Name	Placing	Awards
4-H Exhibits / Communication Arts and Leisure Sciences - Photography / 915: Low Light Photography Unit 5 Sr	Bamford, Hunter	7	
4-H Exhibits / Communication Arts and Leisure Sciences - Ceramics / 401: Glazes Unit 1 Jr	Bennett , Freya		Overall Grand Champion
4-H Exhibits / Communication Arts and Leisure Sciences - Ceramics / 401: Glazes Unit 1 Jr	Bennett , Freya	1	Class Champion
4-H Exhibits / Family Consumer Science - Food Preservation / 1618: Boiling Water Canning Unit 3 Fruit Spreads Sr	Bolin, Korrina		Overall Grand Champion
4-H Exhibits / Family Consumer Science - Food Preservation / 1618: Boiling Water Canning Unit 3 Fruit Spreads Sr	Bolin, Korrina	1	Class Champion
4-H Exhibits / Family Consumer Science - Food Preservation / 1633: Boiling Water Canning Unit 3 Salsa Sr	Bolin, Korrina		Overall Reserve Champion
4-H Exhibits / Family Consumer Science - Food Preservation / 1633: Boiling Water Canning Unit 3 Salsa Sr	Bolin, Korrina	2	Class Reserve Champion
4-H Exhibits / Family Consumer Science - Food Preservation / 1636: Boiling Water Canning Unit 3 Fruit Pie Filling Sr	Bolin, Korrina		Overall Grand Champion
4-H Exhibits / Family Consumer Science - Food Preservation / 1636: Boiling Water Canning Unit 3 Fruit Pie Filling Sr	Bolin, Korrina	1	Class Champion
4-H Exhibits / Communication Arts and Leisure Sciences - Leathercraft / 808: Intermediate Leather Carving Int	Burrell, Taylor	4	
4-H Exhibits / Animal Science - Cats Display Board / 101: Purr-fect Pals Unit 1 Jr	Caldwell, Holly	1	Class Champion
4-H Exhibits / Animal Science - Cats Display Board / 101: Purr-fect Pals Unit 1 Jr	Caldwell, Holly	1	Overall Grand Champion
Cat Show / Cage Decorating / 206: Junior Cage Decorating	Caldwell, Holly	3	
Cat Show / Conformation / 204: Domestic Short Hair Conformation	Caldwell, Holly	2	Class Reserve Champion
Cat Show / Showmanship / 200: Junior	Caldwell, Holly	2	Class Reserve Champion
4-H Exhibits / Animal Science - Cats Display Board / 105: Climbing Up Unit 2 Int	Caldwell, Rylie	1	Overall Grand Champion
4-H Exhibits / Animal Science - Cats Display Board / 105: Climbing Up Unit 2 Int	Caldwell, Rylie	1	Class Champion
Cat Show / Cage Decorating / 207: Intermediate Cage Decorating	Caldwell, Rylie	3	
Cat Show / Conformation / 204: Domestic Short Hair Conformation	Caldwell, Rylie	1	Class Champion
Cat Show / Conformation / 204: Domestic Short Hair Conformation	Caldwell, Rylie	1	Overall Grand Champion
Cat Show / Showmanship / 201: Intermediate	Caldwell, Rylie	1	Class Champion
Dog Trials Contest / Dog Obedience / 511: Pre-Beginner Novice B	Caress-Behrendt, Phoenix	3	
Dog Trials Contest / Dog Rally / 533: Rally Novice B	Caress-Behrendt, Phoenix	6	
Dog Trials Contest / Dog Showmanship / 506: Senior Open Showmanship	Caress-Behrendt, Phoenix	6	
4-H Exhibits / Communication Arts and Leisure Sciences - Filmmaking / 505: Narrative Int	Carr, Kalaya		Overall Grand Champion
4-H Exhibits / Communication Arts and Leisure Sciences - Filmmaking / 505: Narrative Int	Carr, Kalaya	1	Class Champion
4-H Exhibits / Family Consumer Science - Cake Decorating / 1302: Edible Cake Decorating Unit 1 Int	Carr, Kalaya		Qualifier
Dog Trials Contest / Dog Rally / 532: Rally Novice A	Clark, Seth	9	
Dog Trials Contest / Dog Showmanship / 505: Senior Novice Showmanship	Clark, Seth	3	
4-H Exhibits / Family Consumer Science - Clothing Construction / 1440: Sewing for Others Sr	Comstock, Rachel	3	
4-H Exhibits / Family Consumer Science - Foods and Nutrition / 1510: Quick Breads Jr	Crawford, Emma		Overall Grand Champion
4-H Exhibits / Family Consumer Science - Foods and Nutrition / 1510: Quick Breads Jr	Crawford, Emma	1	Class Champion
4-H Exhibits / Natural Resources - Beekeeping / 2601: Beekeeping Unit 1 Jr	Curry, Kidd	1	Class Champion
4-H Exhibits / Communication Arts and Leisure Sciences - Scrapbooking / 1001: One Page Layout Jr	de Freitas, Kinsley	5	
4-H Exhibits / Family Consumer Science - Cake Decorating / 1339: Lily Nail Flowers Unit 9 Sr	Fouche, Jordyn		Qualifier
4-H Exhibits / Family Consumer Science - Cake Decorating / 1340: Tiered Cakes Unit 10 Sr	Fouche, Kayla		Qualifier
4-H Exhibits / Family Consumer Science - Cake Decorating / 1308: Two Layered Cake Unit 3 Int	Freer, Sawyer	4	
4-H Exhibits / Family Consumer Science - Cake Decorating / 1333: Cut-Up Cakes Unit 6 Sr	Hobby, Dylan	3	
4-H Exhibits / Communication Arts and Leisure Sciences - Leathercraft / 807: Intermediate Leather Carving Jr	Hoch, Lillian	4	
4-H Exhibits / Communication Arts and Leisure Sciences - Leathercraft / 804: Beginning Leather Carving Jr	Hogan , Ellianna	10	
4-H Exhibits / Family Consumer Science - Cake Decorating / 1301: Edible Cake Decorating Unit 1 Jr	Hogan , Ellianna	5	
Dog Trials Contest / Dog Obedience / 511: Pre-Beginner Novice B	Hosier, Brayleigh		Overall Grand Champion
Dog Trials Contest / Dog Obedience / 511: Pre-Beginner Novice B	Hosier, Brayleigh	2	Class Reserve Champion
Dog Trials Contest / Dog Obedience / 512: Beginner Novice A	Hosier, Brayleigh	1	Class Champion
Dog Trials Contest / Dog Rally / 533: Rally Novice B	Hosier, Brayleigh		Qualifier
Dog Trials Contest / Dog Rally / 534: Rally Intermediate A	Hosier, Brayleigh	6	
Dog Trials Contest / Dog Showmanship / 503: Intermediate Open Showmanship	Hosier, Brayleigh		Qualifier
4-H Exhibits / Communication Arts and Leisure Sciences - Photography / 901: Photography Basics Unit 1 Jr	Ivey, Evelyn	4	
4-H Exhibits / Family Consumer Science - Foods and Nutrition / 1513: Scones Jr	MacCallum, Aspen		Overall Reserve Champion
4-H Exhibits / Family Consumer Science - Foods and Nutrition / 1513: Scones Jr	MacCallum, Aspen	2	Class Reserve Champion
Creative Cooks Contest / Creative Cooks / 300: Individual Jr	MacCallum, Aspen		Qualifier
4-H Exhibits / Communication Arts and Leisure Sciences - Photography / 902: Photography Basics Unit 1 Int	MacCallum, Cadence		Qualifier
Creative Cooks Contest / Creative Cooks / 304: Individual Int	MacCallum, Cadence	1	Class Champion
4-H Exhibits / Family Consumer Science - Foods and Nutrition / 1516: Muffins Jr	MacCallum, Columcille	6	
4-H Exhibits / Mechanical Sciences - Woodworking / 2501: Measuring Up Unit 1 Jr	Maloney, Breckan	5	
Cake Decorating Contest / Cake Decorating / 100: Unit 1 Edible Jr	Mathias, Olivia		Class Champion
Cake Decorating Contest / Cake Decorating / 100: Unit 1 Edible Jr	Mathias, Olivia		Overall Grand Champion
Dog Trials Contest / Dog Obedience / 511: Pre-Beginner Novice B	Mathias, Olivia	4	
Dog Trials Contest / Dog Rally / 535: Rally Intermediate B	Mathias, Olivia	6	
Dog Trials Contest / Dog Showmanship / 501: Junior Open Showmanship	Mathias, Olivia	2	Class Reserve Champion
4-H Exhibits / Family Consumer Science - Foods and Nutrition / 1507: Cookies Jr	McCall, Winnifred	4	
4-H Exhibits / Mechanical Sciences - Computer Science / 1918: Computer Science and Coding Programming Sr	McQueen, Drake	1	Class Champion
4-H Exhibits / Communication Arts and Leisure Sciences - Visual Arts / 1109: Drawing Sr	McQueen, Piper		Qualifier
4-H Exhibits / Mechanical Sciences - Model Rocketry / 2204: Basic Model Rocketry Unit 2 Jr	Mills , Evan	8	
4-H Exhibits / Family Consumer Science - Artistic Clothing / 1203: Applied Sr	Mills, Dawesyn	8	
4-H Exhibits / Communication Arts and Leisure Sciences - Leathercraft / 811: Advanced Leather Carving Int	Mills, Jentry		Qualifier
4-H Exhibits / Family Consumer Science - Foods and Nutrition / 1517: Muffins Int	Newell, Payton	4	
4-H Exhibits / Family Consumer Science - Cake Decorating / 1314: Themed Cupcakes Unit 5 Int	Oliver, Kamin		Overall Grand Champion
4-H Exhibits / Family Consumer Science - Cake Decorating / 1314: Themed Cupcakes Unit 5 Int	Oliver, Kamin	1	Class Champion
4-H Exhibits / Family Consumer Science - Foods and Nutrition / 1501: No Bake Cookies Jr	Richardson , Aurora	9	
Creative Cooks Contest / Creative Cooks / 302: Colorado Specialty Individual Jr	Richardson , Aurora	2	
4-H Exhibits / Family Consumer Science - Foods and Nutrition / 1508: Cookies Int	Salberg, Kyria		Qualifier
4-H Exhibits / Communication Arts and Leisure Sciences - Visual Arts / 1103: Painting and Printing Sr	Schockey, Rya	9	
4-H Exhibits / Mechanical Sciences - Model Rocketry / 2201: Intro to Rocketry Unit 1 Jr	Solano , Lane		Qualifier
4-H Exhibits / Communication Arts and Leisure Sciences - Photography / 911: Mastering Photography Unit 4 Int	Stewart, Charlie	1	Class Champion
4-H Exhibits / Communication Arts and Leisure Sciences - Photography / 911: Mastering Photography Unit 4 Int	Stewart, Charlie	1	Overall Grand Champion
4-H Exhibits / Natural Resources - Entomology / 2717: Immature Insects & Life Stages Int	Stewart, Charlie	1	
4-H Exhibits / Natural Resources - Entomology / 2717: Immature Insects & Life Stages Int	Stewart, Charlie	1	Class Champion
Public Presentations Contest / Interpretive Reading / 707: Interpretive Reading Int	Stewart, Charlie	3	
Dog Trials Contest / Dog Showmanship / 504: Intermediate Advanced Showmanship	Trimble, Lyra	5	
4-H Exhibits / Natural Resources - Entomology / 2702: Learning About Insects Display Board Int	Tripp, Oliver	1	Class Champion
4-H Exhibits / Natural Resources - Gardening / 2802: See Them Sprout Unit 1 Int	Tripp, Oliver	3	

2025 Fremont County 4-H State Shoot Results

Muzzleloading Junior	Rank	Team Rank	8
Jentry Mills			
Muzzleloading Senior	Rank	Team Rank	15
Dawesyn Mills	24		
Hunter Bamford	47		
Shotgun Trap Senior	Rank	Team Rank	12
Hank Jenkins	13		
Andrew Bardessona	48		
Tyrael Lester	48		
Anthony Hall	98		
Cooper Telck	98		
Shotgun Trap Junior	Rank	Team Rank	11
Wade Jenkins	33		
Hadley Yslas	40		
James Pfannenstiel	52		
Finnian Dennehy	58		
Luke Sanford	74		
Skeet Senior	Rank	Team Rank	10
Tyrael Lester	20		
Hank Jenkins	36		
Anthony Hall	46		
Andrew Bardessona	86		
Cooper Telck	92		
Skeet Junior	Rank	Team Rank	7
Luke Sanford	36		
Hadley Yslas	40		
Finnian Dennehy	43		
Wade Jenkins	47		
James Pfannenstiel	57		
Sporting Clay Senior	Rank	Team Rank	19
Tyrael Lester	50		
Anthony Hall	54		
Andrew Bardessona	75		
Hank Jenkins	79		
Cooper Telck	103		
Sporting Clay Junior	Rank	Team Rank	6
Wade Jenkins	25		
Luke Sanford	30		
Hadley Yslas	36		
Finnian Dennehy	43		
James Pfannenstiel	52		

Air Rifle Utility Junior	Rank	Team Rank	4
Jentry Mills	8		
Patrick Edgerton	13		
Charlie Stewart	22		
Olivia Rutherford	30		
Isabella DeDuca	34		
Air Rifle Utility Senior	Rank	Team Rank	10
Dawesyn Mills	38		
Air Rifle 4-P Sporter Junior	Rank	Team Rank	7
Jentry Mills	3		
Jayden Busalto	35		
Olivia Rutherford	37		
Air Rifle 4-P Sporter Senior	Rank	Team Rank	17
Dawesyn Mills	42		
Air Rifle 3-P Sporter Junior	Rank	Team Rank	5
Jentry Mills	8		
Olivia Rutherford	22		
Jayden Busalto	23		
Air Rifle Off Hand Senior	Rank	Team Rank	13
Dawesyn Mills	38		
Air Rifle Off Hand Junior	Rank	Team Rank	5
Jentry Mills	8		
Charlie Stewart	18		
Olivia Rutherford	24		
Jayden Busalto	26		
Archery Compound Unlimited Junior	Rank	Team Rank	8
Sawyer Freer	30		
Lucas Bamford	35		
Archery Compound Unlimited Senior	Rank	Team Rank	19
Dylan Hobby	42		
Archery Compound Limited Junior	Rank	Team Rank	23
Charlie Stewart	41		
Alexander Busalto	106		
Jayden Busalto	117		
Archery Compound Limited Senior	Rank	Team Rank	15
Evelyn Freeland	37		
Anthony Hall	47		
Makayla McCormack	78		

Archery Recurve Traditional Junior	Rank	Team Rank	15
Lane Solano	24		
Kenisen Telck	37		
Archery Recurve Traditional Senior	Rank	Team Rank	5
Hunter Bamford	8		
Rya Schockey	15		
.22 Rifle Hunt Senior	Rank	Team Rank	19
Dawesyn Mills	29		
.22 Rifle Hunt Junior	Rank	Team Rank	3
Isabella Trogden	8		
Jentry Mills	9		
Ronny Crow	18		
Lane Solano	85		
Patrick Edgerton	97		
Kashlon Johnson	114		
.22 Rifle 4-P Sporter Senior	Rank	Team Rank	16
Dawesyn Mills	42		
.22 Rifle 4-P Sporter Junior	Rank	Team Rank	3
Jentry Mills	2		
Isabella Trogden	6		
Kaleigh Cibb	30		
Hudson Reith	36		
Alexander Busalto	43		
Jayden Busalto	45		
.22 Rifle 3-P Sporter Junior	Rank	Team Rank	2
Isabella Trogden	3		
Jentry Mills	5		
Alexander Busalto	18		
Jayden Busalto	21		
.22 Rifle Scope Senior	Rank	Team Rank	13
Dawesyn Mills	18		
Hunter Bamford	56		
.22 Rifle Scope Junior	Rank	Team Rank	5
Jentry Mills	8		
Isabella Trogden	22		
Aragon Kata	26		
Alexander Busalto	62		
Paul Scott	63		
Jayden Busalto	82		

Congratulations to all of our 4-H'ers who made it to State Shoot!

The 2025-2026 4-H year is here!

There are two ways to enroll:

1. Paper enrollment
2. 4-H Online: <https://v2.4honline.com>

You can pay enrollment fees over the phone or at the office by credit/debit card, cash or check.

Payments can also be dropped off in the drop box.

4-H Open House and Discovery Day!

Saturday, October 11th

10 a.m.- 2 p.m.

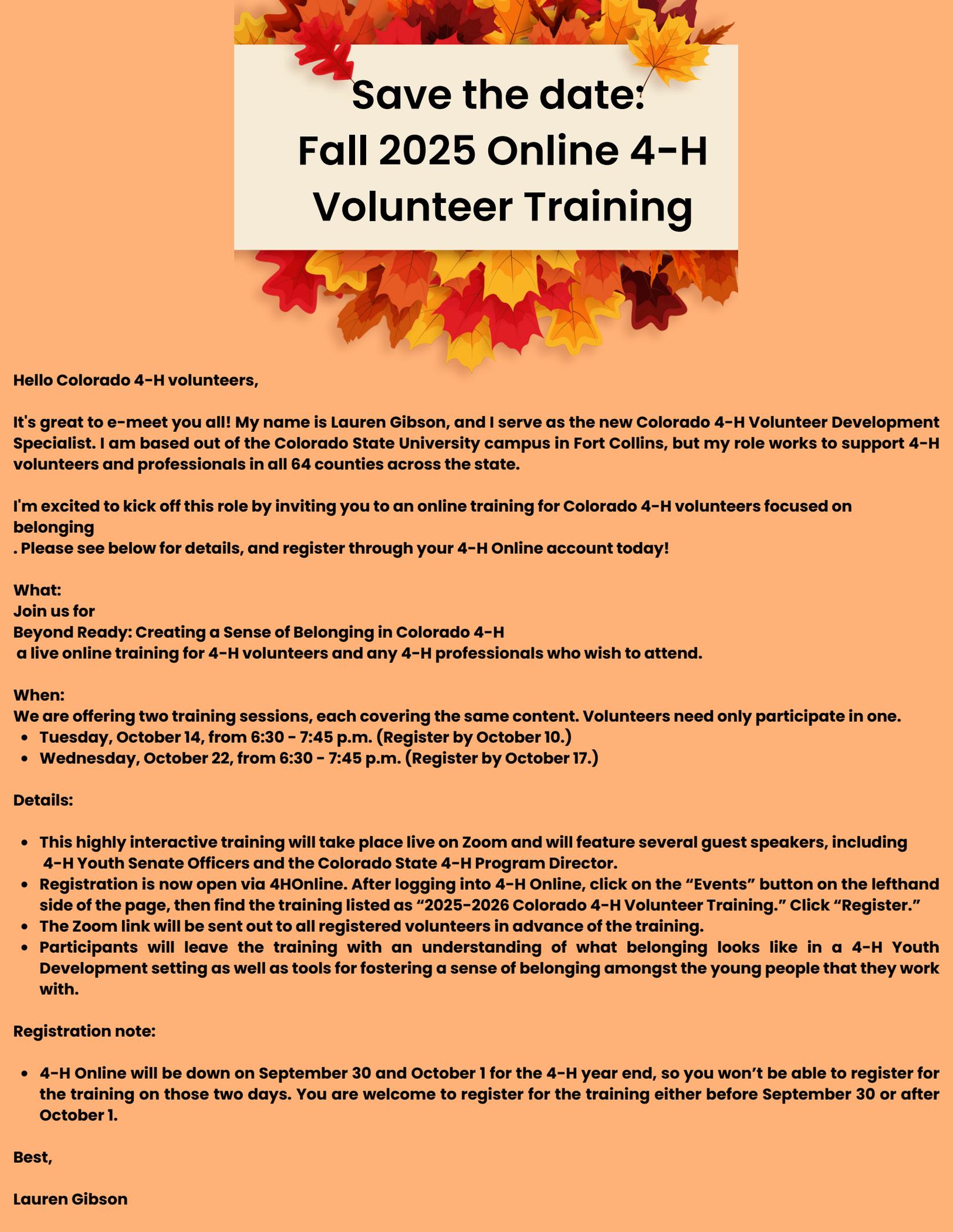
(Drop in any time! Lunch provided.)

@ Pathfinder Park

Event Center
6655 State Hwy 115
Florence, CO 81226



FREMONT COUNTY
COLORADO STATE UNIVERSITY
EXTENSION



Save the date: Fall 2025 Online 4-H Volunteer Training

Hello Colorado 4-H volunteers,

It's great to e-meet you all! My name is Lauren Gibson, and I serve as the new Colorado 4-H Volunteer Development Specialist. I am based out of the Colorado State University campus in Fort Collins, but my role works to support 4-H volunteers and professionals in all 64 counties across the state.

I'm excited to kick off this role by inviting you to an online training for Colorado 4-H volunteers focused on belonging

. Please see below for details, and register through your 4-H Online account today!

What:

Join us for

Beyond Ready: Creating a Sense of Belonging in Colorado 4-H

a live online training for 4-H volunteers and any 4-H professionals who wish to attend.

When:

We are offering two training sessions, each covering the same content. Volunteers need only participate in one.

- Tuesday, October 14, from 6:30 - 7:45 p.m. (Register by October 10.)
- Wednesday, October 22, from 6:30 - 7:45 p.m. (Register by October 17.)

Details:

- This highly interactive training will take place live on Zoom and will feature several guest speakers, including 4-H Youth Senate Officers and the Colorado State 4-H Program Director.
- Registration is now open via 4HOnline. After logging into 4-H Online, click on the "Events" button on the lefthand side of the page, then find the training listed as "2025-2026 Colorado 4-H Volunteer Training." Click "Register."
- The Zoom link will be sent out to all registered volunteers in advance of the training.
- Participants will leave the training with an understanding of what belonging looks like in a 4-H Youth Development setting as well as tools for fostering a sense of belonging amongst the young people that they work with.

Registration note:

- 4-H Online will be down on September 30 and October 1 for the 4-H year end, so you won't be able to register for the training on those two days. You are welcome to register for the training either before September 30 or after October 1.

Best,

Lauren Gibson



If you haven't already done so please remember to send a thank you card to your award sponsors!

If you do not know who sponsored your award please give the Extension Office a call

719-276-7390

Julianne is excited to be growing her family and will be having a baby girl soon!

She will be out parental leave tentatively starting late October and will be back in the office in February.

For anything you need, please call our office at 719-276-7390 or e-mail our office staff.

Our office hours are M-Th 7am - 5pm.

Kelsey Story will be Interim Director while Julianne is out on leave.



Registration is OPEN!
Registration, payment & thank you cards
are due to the Extension Office
by 5:00 p.m. October 15th
No registrations will be accepted after this date.

Beyond Ready  **November 7-9, 2025** **100 Wolfsohn Rd**
Colorado Leadership **Glenwood Springs, CO**
Conference

'Sparking
Change
Together'

Come and
FUEL YOUR FIRE

<i>Fri, Nov 7</i>	<i>Sat, Nov 8</i>	<i>Sun, Nov 9</i>
5:30-7:30pm: Check in	7:00-8:00am: Breakfast at the hotel	7:00-8:00am: Breakfast at the hotel
7:30-8:30pm: Intros & Icebreakers	8:00-8:45am: Opening Session	8:15-9:00am: Wrap-Up at Rec Center
8:30-9:30pm: Games	9:00-11:25am: Workshops	
10:00pm: Lights out	11:30-12:30pm: Lunch	
	12:35-2:10pm: Workshops	
	2:20-4:30pm: Large Group Activity	
	4:40-7:30pm: County Night Out	
	7:30-10pm: Dance/ Movie	
	10:30pm: Lights Out	

  **COLORADO STATE UNIVERSITY**
EXTENSION

Ages 11-13 years for the Next 4-H Year
 Age as of December 31, 2025

Camp cost without scholarship \$200.00	Camp cost with scholarship \$50.00
Transportation fee \$15.00	Transportation fee \$15.00
Total without scholarship \$215.00	Total without scholarship \$65.00

Attend a 4-H Council Meeting the First Wednesday of the Month to earn a scholarship!

NATIONAL
WESTERN
Stock Show EST. 1900



CATCH-A-CALF

The program is designed so that successful participants catch a calf, feed it, and return with the animal one year later as a market-ready steer at the National Western Stock Show. Competitors must be ages 14 to 18. The steers are judged on production and carcass quality, while the participants are judged on showmanship, record books, and a personal interview. The Grand and Reserve Grand Champion participants sell their steers at the Auction of Junior Livestock Champions held on the final Friday of the Stock Show.

More Information: https://nationalwestern.com/livestock-shows/catch-a-calf-program/?utm_source=marketingcloud&utm_medium=email

Application: https://nationalwestern.com/wp-content/uploads/2025/08/Application-2026-_Final.pdf

A photograph showing a person in a cowboy hat and jeans running in a corral. A calf is being held by another person in the foreground. The background shows a blue wall with a moon graphic.

Catch-A-Calf Program

January 10-25, 2026

Scholarship Opportunity

COLORADO FARM SHOW SCHOLARSHIPS

High School Seniors

College Students



HIGH SCHOOL APPLICATION REQUIREMENTS:

Signed High School
Transcript

2 Letters of
Recommendation

One Page Essay

Senior Picture

COLLEGE APPLICATION REQUIREMENTS:

Previous Farm Show
Scholarship Winner

College and High School
Transcript

2 Letters of
Recommendation

Picture

Applications close **ONLINE** November 1st

<https://coloradofarmshow.com/scholarships/>

Questions? Kim Eastwood (keastwood@weld.gov or 970-400-2079)



Who does what in the office?

Julianne

.....
Extension Director

4-H Youth Development/ Family and Consumer Sciences



- **Director Responsibilities**

- Team Management
- Budget
- Program Reporting

- **FCS**

- ServSafe
- Dinner with Diabetes
- Living on My Own Financial Simulation
- Health/Nutrition/Cooking. Financial Classes by Request
- Food Preservation
- Canner Lid Testing

- **Health Rocks Management**

- **4-H**

- Program Management & oversight
- Volunteer training
- Club/Project Visits
- 4-H Council
- New Family Orientation
- General Projects & Shooting Sports
- Camps
- Fremont County Fair



Kelsey

.....
Ag/Natural Resources/ 4-H Extension Agent

- **Agriculture**

- Livestock
- Land Management
- Horticulture

- **4-H Livestock**

- Horse Council
- Market Tests
- MQA
- State Fair Nominations
- 4-H Communication
- Livestock Judging

- **ESF-11 Emergency Management Plan**

- **Master Gardeners Coordination**

- Recruitment
- Monthly Meetings
- Volunteer Processing & Training
- Annual Planning
- Event Advertising & Facilitation

- **County Committee Commitments**

- UACWAA, Weed Board, FFA Advisory, ETC.

- **4-H Club/Project Visits**

- **4-H Council**

- **Fremont County Fair**

Who does what in the office?

Kassy

.....
4-H Program Coordinator



- **4-H Recruitment & Advertising**
- **4-H Retainment & New Family Support**
- **Volunteer Management**
 - Volunteer Processing
 - Club/Project Visits
 - Leader Newsletters
- **Shooting Sports Administration**
- **Cloverbud Management & Oversight**
- **Discovery Day & Enrollment Event Coordination**
- **4-H & Extension Newsletter**
- **Regional & State Camp Coordination**
- **Senior Scholarship Coordination**
- **AgFest**
- **4-H County Contest Management**
- **4-H E-Mail Communications**
- **Summer Camps**
- **Fremont County Fair**



Theresa (Tressa)

.....
Office Manager

- **Front Office Management & Administration**
- **Front Office Customer Service**
- **Assists in School Programing as needed**
- **Finances**
 - Data Entry
 - Invoicing
 - Payment Processing
- **4-H Enrollments**
 - **4-H Online Management**
- **CSU Website Management**
- **4-H Club Chartering & Annual Paperwork**
- **Achievement Program Organization**
 - Awards Committee
- **Fair Book**
- **Fremont County Fair**

Who does what in the office?

Jenn

.....
**Extension Program Assistant
(.75 FTE-Part Time)**



- **Extension Outreach, Enrichment, and Recruitment**
 - Implements educational programs and outreach such as day camps, school enrichment (Ex: Embryology, Living on My Own Financial Simulations)
- Assist Extension staff in the office with educational programming and outreach as needed and complete other duties as assigned.
- Seeks funds to support programming
- Works with community partners for outreach and recruitment events
- **4-H Health Rocks Program**
 - 4-H Health Rocks! Teaches social, emotional, and relational skills and serves as substance abuse prevention programming.
 - Plans, coordinates and delivers Health Rocks! classes
 - Organizes lesson plans, purchases supplies, delivers lessons, collects evaluations, compiles surveys for reporting, and submits reports
 - Works with Partner Organizations

Where can you find us?

The Fremont County Extension Office is located in Pathfinder Park Event Center. Our office hours are 7am-5pm Monday-Thursday. There is a drop off box to the left of the front doors if you can't make it during business hours.





FREMONT COUNTY 4-H INVITES YOU TO

THE ANNUAL

**HOLIDAY
CRAFT
FAIR**

FRIDAY DEC. 5 | 10 AM - 6PM

SAT. DEC. 6 | 8 AM - 3PM

All You Can Eat

Soup Meal

For Lunch

or Dinner

\$10/meal



PATHFINDER PARK EVENT CENTER

6655 STATE HWY 115

FLORENCE, CO 81226



**Get your Holiday Shopping Done
Over 45 Booths at the Craft Fair!**



Contact the Extension Office at 719-276-7390
by Dec. 4th to order Cinnamon Rolls or Sticky Buns
\$20 half dozen, \$40 dozen

Calling All Soup Makers

Soups are needed for the Annual Craft Fair December 5th and 6th .

An All-You-Can-Eat Soup Dinner for \$10 is available through the Concession Stand. Any and all soups are welcome!

Contact the Extension Office with the day you can bring soup and which soup you will be bringing. Please use a liner and make sure you put your name on your crockpot and crockpot lid to ensure easy cleanup and return!

Calling all Clubs to Sell Soup Tickets!!

Clubs Receive 50% of ticket sales. Call 719-276-7390 if you would like to pick up paper tickets to sell.

Fremont County 4-H Council

Call for 4-H Council Officers!

**4-H Council
Officer
Elections**



**COLORADO STATE UNIVERSITY
EXTENSION**

**Wednesday,
Nov. 5th,
2025**

**7:00pm @ the 4-H
Building in Canon
City**

**Come prepared to
give a speech about
yourself and why you
want to run**

Ready to run for an officer
position?

Fill out the 4-H Council Officer
Application Form & e-mail to
kelsey.story@colostate.edu or
drop it off at the Extension
Office.

Contact us at
719-276-7390
with any questions

Why 4-H Council?

Officer Positions

President
Vice President
Secretary
Treasurer
Reporter
Historian
Senator
Alternate Senator
Parliamentarian
Recreation Leader

To run for an office, you must have completed at least 1 year in 4-H and be mature enough to serve as an officer. Treasurer and Parliamentarian must be 12.

President, Vice-President, Senators, and Alternate Senators must also be 14 years of age.

- Take your 4-H experience to another level!
- Build LEADERSHIP skills
- Make FRIENDS and be part of a countywide team
- Build your RESUME
- Earn positive references from the Extension Office & Advisors when you do a good job
- Attend Regional/State Camps and meet 4-H'ers across the state
- Represent Fremont County at the State Level
- Make an IMPACT on 4-H in Fremont County by helping with local county events, fundraisers, and camps



FREMONT COUNTY
MASTER GARDENER
COLORADO STATE UNIVERSITY
EXTENSION

Low Water Trees and Shrubs

Thursday, October 16th
at 6:00 PM
1595 S. 9th Street
Canon City

To register
scan the QR
Code or call
(719) 276-7390



Fremont County
Master Gardeners



fremont.extension.
colostate.edu



kelsey.story@colostate.edu
fremontcmg@gmail.com

EVERYDAY NUTRITION FOR HEALTH

WEBINAR SERIES 2025-26

Research-based information provided by experts in the field.

Register now!



John Wilson, PhD,
Assistant Professor in
Fermentation Science

FERMENTATION AND HEALTH: Fact or Fiction

Tuesday, September 30, 2025, 12:00-12:45pm



Learn about fermentation and the health impacts of fermented foods. Gain practical tips and evidence-based guidance for adding fermented foods to your diet.

Register Here:
<https://col.st/dW2s2>



Jessica Clifford, MS, RDN

FACTS ABOUT FATS

Addressing consumer confusion about dietary fat.

Tuesday, November 11, 2025, 12:00-12:30pm



Confused about saturated fat, seed oils, and more? Join us to learn about how dietary fat impacts our health and review the research and recommendations for everyday nutrition.

Register Here:
<https://col.st/zg91Z>



Lynn Bellmore, MD, RDN

OPTIMIZING MUSCLE MASS WHILE AGING

Looking at how nutrition and physical activity help us maintain muscle mass.

Tuesday, February 17, 2026, 12:00-12:30pm



Lynn Bellmore, registered dietitian and family physician, will discuss the importance of strength for healthy aging and highlight key nutrition and physical activity considerations for staying strong.

Register Here:
<https://col.st/55X9Y>



Anne Kozil, MS, RDN

THE MIND DIET:

How the foods we eat can impact cognitive decline.

Tuesday, April 14, 2026, 12:00-12:30pm



Learn about this dietary pattern that may help reduce the risk of Alzheimer's disease and cognitive decline. Receive practical tips for eating foods that help support brain health.

Register Here:
<https://col.st/vuhwG>





2025-2026 FREMONT COUNTY 4-H CALENDAR (Revised 9/22/25)

Reminder that Fremont County is on a 4-day work week and the CSU Extension Office will be closed on Fridays. Dates, events, and locations are subject to change. We make every effort to provide as accurate a calendar as possible, but dates sometimes have to be changed. Changes will be listed in the monthly 4-H newsletter and on our website: www.fremont.extension.colostate.edu. Please contact the Extension Office (276-7390) for information or email csuext@fremontco.com.

OCTOBER

- 1 New 4-H Year Begins! Enrollment Open!
- 1 4-H Council, 7:00 p.m., 4-H Building
- 5-11 National 4-H Week
- 7 Shooting Sports Council Meeting 6:30 pm-Pathfinder Park Meeting Room
- 11 4-H Discovery Day and Open House
- 14 Fremont County Fair Board, 6:30 p.m., Pathfinder Park Event Center
- 16 Achievement Night 5:30 Potluck awards 6:00 p.m. Pathfinder Auditorium
- 20 Enrollment Night 5:00-6:30 p.m. @ Pathfinder Park-Extension Office
- 27 CSU Extension Advisory Committee, 6:00 p.m., 4-H Building
- 27 Fremont County 4-H Cornerstone, 7:00 p.m., 4-H Building
- Nov. 6 Achievement Awards Program – Back up date

NOVEMBER

- 5 4-H Council, 7:00 p.m., Pathfinder Park, Officer Elections
- 6 Achievement Awards Program – Back up date
- 7-9 Colorado Leadership Camp, (11-13 4-H age), Glenwood Springs
- 11 **Holiday (Veterans Day) Extension Office Closed**
- 11 Fremont County Fair Board, 6:30 p.m., Pathfinder Park Event Center Park
- TBD (14-15 or 21-22) Dare to Be You Camp (TBD 10-13 4-H age), State Fair Grounds
- 27 **Holiday (Thanksgiving) Extension Office Closed**

DECEMBER

- No Fair Board This Month**
- 3 4-H Council, 7:00 p.m., Pathfinder Park, officer Installation
- 5 4-H Holiday Craft Fair, 10am -6pm, Pathfinder Park
- 6 4-H Holiday Craft Fair, 8am – 3pm, Pathfinder Park
- 13 Mini Cooking Camp @ 1:00-4:30 @ 4-H Building
- 15 **LAST DAY- Early Enrollment** contest deadline for prize drawing. **We recommend all families enroll by Dec 15th.**
- 25 **Holiday (Christmas) Extension Office Closed**

JANUARY

- 1 **Holiday (New Year's Day observed) Extension Office Closed**
- 7 4-H Council, 7:00 p.m., 4-H Building
- 13 Fremont County Fair Board, 6:30 p.m., Pathfinder Park Event Center
- 19 Vet Mini Camp 8 a.m. -12:00 p.m. (ages 12+) Registration deadline 11/22/26
- 24-26 State Leadership Development Conference (LDC), Denver (ages 14-18)
- 26 CSU Extension Advisory Committee, 6:00 p.m., 4-H Building
- 26 Fremont County 4-H Cornerstone, 7:00 p.m., 4-H Building
- 28 **LAST DAY** to be enrolled in, own and have in your possession-Market Beef Project
- 28 **LAST DAY** to own and have in your possession-Breeding Beef and Dairy Cattle for County Fair
- 29 Enrollment Night 5:00 p.m.- 6:30 p.m.@ Pathfinder Park-Extension Office
- 31 Market Beef Weigh Day, 9:00 a.m.- 10:00 a.m.

FEBRUARY

- 2 **4-H Re-Enrollment Deadline.** Re-Enrollment Late Fee of \$30 per member after Feb. 3.
- 4 4-H Council, 7:00 p.m., 4-H Building
- 10 Fremont County Fair Board, 6:30 p.m., Pathfinder Park Event Center
- 16 **Holiday (Presidents' Day) Extension Office Closed**
- 20 Hunter Education for Shooting Sports (Must attend all 3 sessions) 5:00 p.m.– 9:00 p.m., 4-H Building
- 21 Hunter Education for Shooting Sports (Must attend all 3 sessions) 8:00 a.m. – 12:00 p.m., 4-H Building
- 26 4-H Officer Training for all Club Officers! 5:30pm – 9, Pathfinder Park Event Center
- 28 Hunter Education for Shooting Sports (Must attend all 3 session) 8:00 a.m. – 1:00 p.m. 4-H Bldg. & Florence PD Range.

MARCH

- 4 4-H Council, 7:00 p.m., 4-H Building
- 5 Mandatory Shotgun Safety Meeting 6:30 p.m. @ 4-H Building
- 9 Shooting Sports Council, 6:30 p.m. 4-H Building
- 10 Fremont County Fair Board, 6:30 p.m., Pathfinder Park Event Center
- 12 Mandatory Trap Workshop FIRST YEAR SHOTGUN MEMBERS ONLY 6:00 P.M. @ Cactus Flats Shooting Range
- TBD District Retreat (ages 13 & older), Location TBD, Colorado
- 16 Mandatory Safety Meeting Air Rifle & .22 Rifle 6:30 p.m.-8:00 p.m. @ 4-H Building
- 21 Mandatory Horse Project Meeting & Potluck 4:00 p.m. @ Pathfinder Event Center Classroom
- 23 Mandatory Safety Meeting Air Rifle & .22 Rifle 6:30 p.m.-8:00 p.m. @ 4-H Building
- 27-29 Youth Fest, (ages 11-13) State Fair Grounds

APRIL

- 1 CSF Nomination Cards can be picked up in Extension Office.
- 1 Recommended date to own swine, sheep and goats
- 1 4-H Council, 7:00 p.m., 4-H Building
- 2 MQA Class-Your family will receive an email if you have anyone who needs to take the MQA as a Jr. or Sr.
- 7 Mandatory Archery Safety Meeting 7:00 p.m. @ 4-H Building
- 7 Mandatory Muzzleloading Safety Meeting 6:30 p.m. @ 4-H Building
- 14 Mandatory Archery Safety Meeting 7:00 p.m. @ 4-H Building
- 14 Fremont County Fair Board, 6:30 p.m., Pathfinder Park Event Center
- 20 **LAST DAY** to own and have in your possession-All Breeding Rabbits, including Doe(s) that you must breed to kindle a litter for Market Rabbit pen for County Fair.
- 27 CSU Extension Advisory Committee, 6:00 p.m., 4-H Building
- 27 Fremont County 4-H Cornerstone, 7:00 p.m., 4-H Building
- 30 **PROJECT ADD DEADLINE. Last day to add a project.**
- 30 LAST DAY to own and have in your possession-Cat, Dog and Horse.
- 30 LAST DAY for CAT, DOG and HORSE certificates to be turned into the Extension Office and through 4HOnline no later than 11:59pm.

MAY

- 4 Market Tests Study Guides Available
- 6 4-H Council, 7:00 p.m., 4-H Building
- 6 **LAST DAY** to own and have in your possession-Market Sheep, Market Goats, Market Swine, Breeding Sheep and Breeding Goats.
- 7 **LAST DAY TO TURN IN CSF Nomination Cards to the Extension Office before 5:00 p.m.**

7 4-H Contest Night! (Demonstrations, Public Speaking, Parli Pro) 5pm
MAY (Continued)
9 WEIGH DAY-Market Swine, 8:00 a.m. Market Sheep and Market Goats, 9:00 a.m., Pathfinder Park (For State Fair Must request DNA packets from State Fair website).
12 Fremont County Fair Board, 6:30 p.m., Pathfinder Park Event Center
15 Creative Cooks Contest Time TBD @ 4-H Building
21 Market Rabbits MUST be born to Does you own (see April 20) on/or after (TBD by date of show at fair) in order to meet the "less than 70-day age limit"
22 Gardening Camp – 9:00 a.m. – 12:00 p.m. 4-H Building in Canon City
25 **Holiday (Memorial Day Observed) Extension Office Closed**
TBD Power up Retreat (Age 10-15)

JUNE
1 **LAST DAY TO OFFICIALLY DROP** a project to be able to repeat it next year **(The ONLY way to officially drop a project is by calling the Extension Office at 719-276-7390 or by e-mail no later than 5:00 p.m.)**
1 Cake Decorating Contest 5:30 @ 4-H Building
1 **FAIR ENTRY OPEN all entries will be done on paper and turned into the extension office**
2 4-H Summer Day Camp: Day 1-Registration due by 5/21
3 4-H Council, 7:00 p.m., 4-H Building
3 Take County Fair Market Animal and Horse Tests in Extension Office. 5:30-7:30pm
4 Take County Fair Market Animal and Horse Tests in Extension Office. 8:00-10:30am
7 Dog Show – more information to come
9 Fremont County Fair Board, 6:30 p.m., Pathfinder Park Event Center
9 4-H Summer Day Camp: Day 2
15-19 State 4-H Conference, Colorado State University
16 4-H Summer Day Camp: Day 3
18 Cloverbud Day Camp: Day 1 -Registration due 6/4
20 Livestock Clinic @ Pathfinder Park Event Center Covered Arena - 8:00 a.m.-12:00 p.m. Hogs, Sheep, Goats, Beef
22 **Entomology Discovery Camp – 8:00 a.m. – 12:00 p.m. Pathfinder Classroom Florence**
23 4-H Summer Day Camp: Day 4
24 Record Book Workshop 5:00 p.m-6:30 p.m.@ Pathfinder Park Event Center RSVP by 6/22
25 Cloverbud Day Camp: Day 2
25 Retake tests for County Fair Market Animal and Horse Tests in Extension Office by appointment with Office.
TBD Last day to have Horse Levels written and riding tests completed for the County Fair.
25 **MAIN CLUB LEADERS 4-H Attendance page due by 5:00 p.m. Attendance page MUST be filled out correctly! (REQUIRED)**
27 **Distributing Poultry leg bands (Mandatory)** 4-H Building
29 **LAST DAY to enter Fremont County Fair at no charge.**
30 4-H Summer Day Camp: Day 5

JULY
1 Late entries for Fremont County Fair accepted until 5:00 p.m., \$25.00 per project. No entries accepted after July 1st
1 4-H Council, 7:00 p.m., 4-H Building
2 4-H Cloverbud Day Camp: Day 3
2 **Independence Day Observed Extension Office Closed**
7 4-H Summer Day Camp: Day 6
9 4-H Cloverbud Day Camp: Day 4
10 Fremont County Fair, Trap, Cactus Flats, 3:30 Check-in, 4:00 p.m.
11 Fremont County Fair, Skeet, Cactus Flats, 8:30 a.m. Check-In, 9:00 a.m. Shoot
12 **Dog Show – more information to come**
12 Fremont County Fair, Sporting Clays, Cactus Flats, 8:00 a.m. Check-In, 9:00 a.m. Shoot
12 Fremont County Fair, Air Rifle, 4-H Building, Check-In 3:30 p.m., 4:00 p.m. Shoot
14 Fremont County Fair Board, 6:30 p.m., Pathfinder Park Event Center
14 4-H Summer Day Camp: Day 7
16 4-H Cloverbud Day Camp:-Day 5
18 Fremont County Fair, Archery, Florence PD Range 7:30 a.m. Check in, 8:00 a.m. Shoot, followed by Muzzleloading @ Florence PD Range TBD
19 Fremont County Fair, .22 Rifle, Florence PD Range, 7:30 a.m. Check-In, 8:00 a.m. Shoot
TBD 19/20 Shooting Sports Awards, Location, 6:00 p.m.
TBD Fremont County 4-H Cornerstone, 7:00 p.m., 4-H Building
21 Shooting Sports Record Books, State Fair and Shirt Fees due in Extension Office by 5:00 p.m.
22 Shooting Sports Record Book Judging, 6:00 p.m. Pathfinder Park Meeting Room
24-Aug. 1 Fremont County Fair
25 Set Up for County Fair at Pathfinder
26 County Fair Horse show – check in for all at 7:30 a.m. – 8:30 a.m.

AUGUST
1 Fremont County Fair Livestock Auction
2 Fremont County Fair Clean-Up Day (all 4-Her's requested to be here)
10-17 Non-perishable 4-H projects for the Colorado State Fair due in the Extension office by 4:00 p.m.
13 **MAIN CLUB LEADERS All County Reports are due by 5:00 p.m. The REQUIRED reports are as follows: Club Continuation, Community Service, and Completion Reports for members, Cloverbuds and leaders.**
13 **MAIN CLUB LEADERS 4-H Club/Organizational State Reports are due by 5:00 p.m. The REQUIRED reports are as follows: Annual Affirmative Action Report, Financial Report, Club Annual Plan, Club Budget, and Constitution & Bylaws.**
13 **LAST DAY to turn in Secretary, Scrapbook and Treasurer Books for outstanding club award credit to the Ext. Office no later than 5:00 p.m.**
18 Fremont County Fair Board, 6:30 p.m., Pathfinder Park Event Center
18 Perishable 4-H projects for the Colorado State Fair due in the Extension office by 12 noon.
17 Shooting Sports Council 6:30 p.m. Pathfinder Park Event Center
20 Final Completion Display Day
20 **LAST DAY to turn in record books for projects not completed at Fair.**
20 **LAST DAY to turn in ALL Animal e-Record Books to the Extension Office no later than 5:00 p.m. There is not going to be an option for completion only.**
22 Saturday, Animal Record Book Judging, 8:00 a.m. Each club is requested to send at least 2 adults (leaders or parents) to help. If a club is not represented by at least one adult to help judge, that club's record books will not be eligible for record book awards. We encourage sending more than 2 if you can, the more people we have, the faster it goes!
28- Sept 7 Colorado State Fair

SEPTEMBER
1 **Holiday (Labor Day) Extension Office Closed**
2 4-H Council, 7:00 p.m., 4-H Building
8 Fremont County Fair Board, 6:00 p.m., Pathfinder Park Event Center
9-10 Pick Up Colorado State Fair projects at CSU Extension Office.

OCTOBER
1 New 4-H Year Begins! Enrollment Open!
7 4-H Council, 7:00 p.m., 4-H Building
4-10 National 4-H Week
10 4-H Discovery Day and Open House
13 Fremont County Fair Board, 6:30 p.m., Pathfinder Park Event Center
19 Enrollment Night 5:00-6:30 p.m. @ Pathfinder Park-Extension Office
22 Achievement Night 6:00 p.m. Pathfinder Auditorium
26 CSU Extension Advisory Committee, 6:00 p.m., 4-H Building
26 Fremont County 4-H Cornerstone, 7:00 p.m., 4-H Building
Nov. 5 Achievement Awards Program – Back up date for weather

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COL.ST/LL0T3

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COL.ST/LL0T3



PLEASE USE THIS QR CODE TO ACCESS CSU'S FULL NON-DISCRIMINATION DISCLOSURE IF YOU HAVE ANY QUESTIONS.

We hold events at two main locations!

**Pathfinder Park Event Center
Fremont County Extension Office
6655 State Hwy 115 Florence, CO
81226**

&

**4-H Building
1595 South 9th Street Canon City, CO 81212**

